

Approved CARES Plus Component A Training

Title: Building Social Emotional Competencies in Young Children

Approved: October 14, 2014

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Training Information

- **Type:** Modified version of EESD-approved training
- **Delivery Method:** In-person
- **Length:** Varies based on option
- **Availability:** Tuolumne County only
- **Language:** English
- **Age-level Focus:** Infant, Toddler, Preschool, and Transitional Kindergarten
- **Cost:** No cost

Training Description: Three options including:

1. College coursework focusing on Collaborative on Social and Emotional Foundations in Early Learning strategies and implementation
2. Topic-based workshops
3. On-site mentoring

Training Methods: Lecture, handouts, demonstration and practice during training, written reflection, hands-on activities, required reading, child observation, self-or program-assessment, facilitated peer discussion, and on-site technical assistance.

Learning Objectives and Related Competencies

Competency Area	Performance Area	Topic/Competency Context(s)
Relationships, Interactions, and Guidance	Supporting Children's Emotional Development	Expressions of emotions – Supporting early learning and development

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Competency Area	Performance Area	Topic/Competency Context(s)
Relationships, Interactions, and Guidance	Supporting Children's Emotional Development	Strategies to support children's emotional development – Planning and guiding early learning and development
Relationships, Interactions, and Guidance	Supporting Children's Emotional Development	Self-regulation – Supporting early learning and development