

Approved CARES Plus Component A Training

Title: Juggling Act – Schedules, Routines, and Transitions

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Training Information

- **Type:** Locally developed
- **Delivery Method:** Online
- **Length:** One four-hour session
- **Availability:** Statewide
- **Language:** English
- **Age-level Focus:** Infant, Toddler, and Preschool
- **Cost:** \$30 per person

Training Description: Participants will learn how to make connections among consistent and balanced schedules, routines, and transition to enhance children’s emotional and social competence skills by analyzing classroom challenges and plans for necessary changes.

Training Methods: Handouts, demonstration and practice during training, written reflection, hands-on activities, required reading, self or program assessment, peer discussion, interactive learning activities, and interactive learning games.

Learning Objectives

Competency Area	Performance Area	Topic/Competency Context(s)
Learning Environments and Curriculum	Environments, schedules, and routines	Schedules and daily routines, environmental design
Child development and learning	Knowledge about child development and learning	Factors that contribute to development

Training Provider: First 5 California-Approved Statewide Training

Training Category (Competency): Learning Environments and Curriculum

Training Topic: Schedules and Routines