



April 22, 2021

INFORMATION ACTION

SUBJECT: CALIFORNIA SURGEON GENERAL'S REPORT ON ADVERSE CHILDHOOD EXPERIENCES, TOXIC STRESS, AND HEALTH

Strategic Plan Priority Area: Child Health

Goal: All children thrive by achieving optimal health prenatal through age 5.

Strategic Plan Priority Area: Child Development

Goal: All children birth through age 5 have high-quality, nurturing environments that ensure their learning readiness.

Strategic Plan Priority Area: Family Functioning

Goal: All families have the knowledge, skills, and resources to support their children's optimal development.

SUMMARY OF THE ISSUE

Dr. Nadine Burke Harris, California's first Surgeon General, will provide an overview of the first Surgeon General's report "Roadmap for Resilience: The California Surgeon General's Report on Adverse Childhood Experiences, Toxic Stress, and Health."

For more information, and to download a copy of the report, please visit the Office of the California Surgeon General's website at <https://osg.ca.gov/sq-report/>.

The role of California Surgeon General was created in 2019 by Governor Gavin Newsom with the understanding that some of the most pernicious, but least addressed health challenges are the upstream factors that eventually become chronic and acute conditions that are far more difficult and expensive to treat. The role of the California Surgeon General is to advise the Governor, serve as a leading spokesperson on matters of public health and marshal the insights and energy of medical professionals, scientists, public health experts, public servants and everyday Californians to drive solutions to our most pressing public health challenges.

As California's first Surgeon General, Dr. Nadine Burke Harris has established early childhood, health equity, and Adverse Childhood Experiences (ACEs) and toxic stress as key priorities. Dr. Burke Harris has set a bold goal to reduce ACEs and toxic stress by half in one generation. Under the leadership of Governor Newsom, and in partnership with California Health and Human Services Secretary, Dr. Mark Ghaly, and

statewide health and community leaders, Dr. Burke Harris is advancing systemic reforms that recognize, and respond to, the effects of ACEs on lifelong health.

The first Surgeon General's report "Roadmap for Resilience: The California Surgeon General's Report on Adverse Childhood Experiences, Toxic Stress, and Health", serves as a blueprint for how communities, states, and nations can recognize and effectively address ACEs and toxic stress as a root cause to some of the most harmful, persistent, and expensive societal and health challenges facing our world today.

SUMMARY OF PREVIOUS COMMISSION DISCUSSION AND ACTION

The Commission has not previously discussed or taken action on this subject.

ATTACHMENTS

None.