



First 5 CA Annual Report 2015-2016



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AR2: Home Visiting Programs

- Roundhouse Council – Home Visiting Program
- Plumas County Public Health Department – Families First Program
- Early Childhood Development Specialist

Result Type Improved Family Functioning

Service Type Targeted Intensive Family Support Services

Provide the most recent compelling service outcome available for this service.

Home visiting programs funded by First 5 Plumas County Children and Families Commission utilize the research-based Strengthening Families Protective Factors framework as a theoretical approach to serving families as well as a system to measure outcomes. Each of the home visiting programs utilize the Protective Factors survey tool to identify outcomes achievement related to each of the five protective factors which include: 1) concrete support in times of need, 2) knowledge of parenting and child development, 3) social connections, 4) parental resilience, and 5) children's social and emotional security.

The Protective Factors survey measured participant outcomes through retrospective survey questions and open-ended customized questions. In each of the five protective factors, there was an increase in parental perception of skills, supports, and knowledge after having received home visiting services.

- 90% of parents agreed that the program has helped them improve their parenting skills.
- 85% of parents agreed that the program has helped them reduce the stress in their life.

Provide the comparison data used to determine whether the service outcome was an improvement and specify the origin of the data.

- Concrete support in times of need: Pre-service score of 68.2%, Post-service score of 90.9%
- Knowledge of parenting and child development: Pre-service score of 81.8%, Post-service score of 86.4%
- Social connections: Pre-service score of 77.3%, Post-service score of 95.5%
- Parental resilience: Pre-service score of 78.6%, Post-service score of 92.9%
- Children's social and emotional security: Pre-service score of 90.9%, Post-service score of 100%

Describe the measurement tool used in the evaluation to measure the outcome.

The Protective Factors Retrospective Survey (PFRS) tool measures change in protective factors within five areas: family functioning/resiliency, social support, concrete support, nurturing and attachment, and knowledge of parenting/child development. The tool is administered by home visiting programs after a family has been engaged in services for at least 6 months. Out of 43 families that participated in services for a minimum of 6 months, there was a total of 22 families who completed and submitted a protective factors retrospective survey to First 5 Plumas County.

Age	Roundhouse Council	Families First	Early Childhood Dev. Specialist	Total
Children Less Than 3 years old	11	54	27	92
Children from 3 rd to 6 th Birthday	14	17	13	44
Children Age Unknown (birth – 6 th Birthday)	1	6	5	12
Expectant Parents/Parents/Caregivers	20	67	31	118
Total	46	144	76	266

Race/Ethnicity	Children Age 0 through 5				Expectant Parents/Parents/Caregivers			
	Roundhouse Council	Families First	Early Childhood Dev. Specialist	Total	Roundhouse Council	Families First	Early Childhood Dev. Specialist	Total
Alaska Native/American Indian	20	3	1	24	14	4	3	21
Asian	0	0	0	0	0	0	0	0
Black/African-American	0	0	0	0	0	0	0	0
Hispanic/Latino	0	2	0	2	1	2	0	3
Pacific Islander	0	0	0	0	0	0	0	0
White	0	28	14	42	0	40	14	54
Multiracial	2	19	11	32	2	13	5	20
Other	1	2	1	4	0	2	1	3
Unknown	3	23	18	44	3	6	8	17
Total	26	77	45	148	20	67	31	118

Primary Language	Children Age 0 through 5				Expectant Parents/Parents/Caregivers			
	Roundhouse Council	Families First	Early Childhood Dev. Specialist	Total	Roundhouse Council	Families First	Early Childhood Dev. Specialist	Total
English	22	61	32	115	16	63	25	104
Spanish	0	1	0	1	0	1	0	1
Cantonese	0	0	0	0	0	0	0	0
Mandarin	0	0	0	0	0	0	0	0
Vietnamese	0	0	0	0	0	0	0	0
Korean	0	0	0	0	0	0	0	0
Other	1	0	0	1	1	0	0	1
Unknown	3	15	13	31	3	3	6	12
Total	26	77	45	148	20	67	31	118

AR2: Early Intervention Home Visiting Program

- Plumas County School District – Early Intervention Program

Result Type Improved Child Health

Service Type Targeted Intensive Intervention for Identified Special Needs

Provide the most recent compelling service outcome available for this service.

- Between July 1, 2015, and June 30, 2016, 28 children received early intervention services.
- A total of 105 early intervention services were provided to children.

Early Intervention Services are provided at the home of families served, therefore making the program a “specialty” home visiting provider. All outcomes associated with early interventions services are included in the home visiting evaluation report produced annually.

That being said, the Early Intervention Specialist was injured for a majority of the year, resulting in a decrease in her ability to provide consistent services and/or conduct the necessary assessments needed to track outcomes achievement. She has subsequently retired and has been replaced. It is expected that the number of early intervention services to be provided in FY 2016-2017 will increase as will the collection of data necessary to track outcomes.

Provide the comparison data used to determine whether the service outcome was an improvement and specify the origin of the data.

N/A

Describe the measurement tool used in the evaluation to measure the outcome.

N/A

Age		Total
Children Less Than 3 years old		18
Children from 3 rd to 6 th Birthday		3
Children Age Unknown (birth – 6 th Birthday)		7
Expectant Parents/Parents/Caregivers		21
Total		49

Race/Ethnicity	Children Age 0 through 5	Expectant Parents/Parents/Caregivers
Alaska Native/American Indian	1	2
Asian	0	0
Black/African-American	0	0
Hispanic/Latino	1	1
Pacific Islander	0	0
White	12	10
Multiracial	7	3
Other	0	0
Unknown	7	5
Total	28	21

Primary Language	Children Age 0 through 5	Expectant Parents/Parents/Caregivers
English	20	16
Spanish	1	1
Cantonese	0	0
Mandarin	0	0
Vietnamese	0	0
Korean	0	0
Other	0	0
Unknown	7	4
Total	28	21

AR2: New Parent Kit Distribution

- Plumas County Public Health Department – Distribution of New Parent Kit

Result Type Improved Family Functioning

Service Type Distribution of Kit for New Parent

Provide the most recent compelling service outcome available for this service.

N/A – this does not represent a significant enough investment for the Commission to evaluate outcomes associated with the services.

Provide the comparison data used to determine whether the service outcome was an improvement and specify the origin of the data.

N/A

Describe the measurement tool used in the evaluation to measure the outcome.

N/A

Age		Total
Children Less Than 3 years old		0
Children from 3 rd to 6 th Birthday		0
Children Age Unknown (birth – 6 th Birthday)		0
Expectant Parents/Parents/Caregivers		114
Total		114

Race/Ethnicity	Children Age 0 through 5	Expectant Parents/Parents/Caregivers
Alaska Native/American Indian	0	0
Asian	0	0
Black/African-American	0	0
Hispanic/Latino	0	0
Pacific Islander	0	0
White	0	0
Multiracial	0	0
Other	0	0
Unknown	0	114
Total	0	114

Primary Language	Children Age 0 through 5	Expectant Parents/Parents/Caregivers
English	0	0
Spanish	0	0
Cantonese	0	0
Mandarin	0	0
Vietnamese	0	0
Korean	0	0
Other	0	0
Unknown	0	114
Total	0	114

AR2: Kindergarten Round-Up

- Plumas Unified School District – Kindergarten Round-Up

Result Type Improved Child Development

Service Type Kinder Transition Services

Provide the most recent compelling service outcome available for this service.

N/A – this does not represent a significant enough investment for the Commission to evaluate outcomes associated with the services.

Provide the comparison data used to determine whether the service outcome was an improvement and specify the origin of the data.

N/A

Describe the measurement tool used in the evaluation to measure the outcome.

N/A

Age		Total
Children Less Than 3 years old		0
Children from 3 rd to 6 th Birthday		88
Children Age Unknown (birth – 6 th Birthday)		0
Expectant Parents/Parents/Caregivers		0
Total		88

Race/Ethnicity	Children Age 0 through 5	Expectant Parents/Parents/Caregivers
Alaska Native/American Indian	0	0
Asian	0	0
Black/African-American	0	0
Hispanic/Latino	0	0
Pacific Islander	0	0
White	0	0
Multiracial	0	0
Other	0	0
Unknown	88	0
Total	88	0

Primary Language	Children Age 0 through 5	Expectant Parents/Parents/Caregivers
English	0	0
Spanish	0	0
Cantonese	0	0
Mandarin	0	0
Vietnamese	0	0
Korean	0	0
Other	0	0
Unknown	88	0
Total	88	0

AR2: Systems Change – Infant/Early Development Mental Health Program

- Plumas Rural Services – Infant/Early Development Mental Health Program

Result Type Improved Systems of Care

Service Type Policy and Broad Systems-Change Efforts

Who was the primary audience for the service?

The Plumas Rural Services Infant/Early Development Mental Health Program interfaces with the Plumas County Mental Health Department, the Child Abuse Treatment program, and other Community Based Organizations by working in partnership to provide and coordinate services and provide referrals as necessary. The overarching goal of the program is to provide the earliest intervention possible with environmentally at-risk children and their families.

Target Populations include:

- children age 0-5
- parents of children age 0-5
- families/caregivers of children age 0-5
- Native American Families
- children age 0-5 with special needs
- children age 0-5 in the foster system

What were the type of services provided?

The program functions as an augmentation of the core clinical services of the County by providing direct mental health services, outreach and engagement, and support and linkage to other community-based services.

What was the intended result of the service? What was the community impact of the service?

Services are intended to achieve the following outcomes:

- ✓ Children live in safe and stable environments with access to resources.
- ✓ Children have the skills and supports necessary to develop healthy relationships, manage their emotions, and explore their environment.
- ✓ Parents provide nurturing and positive emotional support to their children.
- ✓ Systems are ready for children and families.

The Infant/Early Development Mental Health Program is still a relatively new program in the community and has received an overwhelming amount of interest and referrals indicating a high need for services. They are showing early signs of positive results which include:

- The program is helping parents decrease the severity of mental health risk factors, leaving them more equipped to provide nurturing and positive emotional support to their children.
- The program is providing services in an integrated fashion, with high client satisfaction.

AR3 – Evaluation Summary

Provide a description of the evaluation activities completed during the fiscal year.

In 2015, First 5 Plumas County transitioned from the use of a long-standing evaluation consultant to a new contractor, Social Entrepreneurs Incorporated (SEI). SEI completed the following evaluation efforts during FY 2015-2016:

- Developed First 5 Plumas 2015-2016 Evaluation Plan
- Overhauled Existing Database
- Established Program Level Supports for Data Collection
- Developed both mid-term and annual evaluation reports for the Home Visiting Program and the Infant/Early Development Mental Health Program
- Completed First 5 California Annual Reporting Requirements

Describe the evaluation findings reported during the fiscal year.

The Commission's primary strategy in realizing its vision and fulfilling its mission is through the support of home visiting services. Currently, the Commission funds four direct service grants that provide home visiting services to families (including foster parents) who have children ages 0 - 5. All programs utilize the Strengthening Families™ framework to support and measure success. Highlights of evaluation findings are provided below.

Families are engaged in home visiting services.

- A total of 102 families were provided with home visiting services, 31 of which received integrated care.
- A total of 762 home visits were conducted in which 1,555 services were provided. The majority of home visits focused on health education, followed by health advocacy, infant massage/stimulation, and parenting instruction.
- 150 referrals to other community resources were provided to families through home visiting programs. The majority of referrals were provided to medical, vision, and/or dental providers to meet the healthcare needs of clients.
- 95% of parents surveyed agreed that they had received the assistance they needed.

Children are receiving developmental screenings.

Research has confirmed that children's earliest experiences play a critical role in brain development. Services to young children who have or are at risk for developmental delays have been shown to positively impact outcomes across multiple developmental domains. To ensure that children receive early screening and intervention for developmental delays and other special needs, three of the four home visiting programs utilize the Ages and Stages Questionnaire (ASQ).

- 33 children were screened using the Ages and Stages Questionnaire (ASQ). A majority of children's development were on schedule. Areas in which children are most at risk for delay are in problem-solving, communication, and fine-motor skills

Families are stronger as a result of home visiting services.

Home visiting programs funded by First 5 Plumas County Children and Families Commission utilize the research-based Strengthening Families Protective Factors framework as a theoretical approach to serving families as well as a system to measure outcomes. Each of the home visiting programs utilize the Protective Factors survey tool to identify outcomes achievement related to each of the five protective factors which include; 1) concrete support in times of need, 2) knowledge of parenting and child development, 3) social connections, 4) parental resilience, and 5) children's social and emotional security.

The Protective Factors survey measured participant outcomes through retrospective survey questions and open-ended customized questions. In each of the protective factors, there was an increase in parental perception of skills, supports, and knowledge after having received home visiting services.

- Concrete support in times of need: Pre-service score of 68.2%, Post-service score of 90.9%
- Knowledge of parenting and child development: Pre-service score of 81.8%, Post-service score of 86.4%
- Social connections: Pre-service score of 77.3%, Post-service score of 95.5%
- Parental resilience: Pre-service score of 78.6%, Post-service score of 92.9%
- Children's social and emotional security: Pre-service score of 90.9%, Post-service score of 100%
- 90% of parents agreed that the program has helped them improve their parenting skills.
- 85% of parents agreed that the program has helped them reduce the stress in their life.

Families accessing services report a high level of satisfaction.

Successful programs work closely with parents and families to provide services that meet the unique needs of each family by integrating participant feedback into program planning. To solicit participant feedback, each home visiting program collected client satisfaction information at the end of the Protective Factors survey. The overwhelming majority of parents who completed the questions related to client satisfaction at the end of the Protective Factors survey (N=22) were very satisfied with the home visiting program.

- 95% of parents agreed that their impression and interaction with staff has been positive.
- 95% of parents agreed that their overall satisfaction with services was very good.
- 90% of parents agreed that their ideas and opinions are welcomed and included in the program.

Describe the policy impact of the evaluation results.

First 5 Plumas County is satisfied with the outcomes associated with home visiting services and has since adopted a new strategic plan in which it intends to continue its support for this approach.

The Commission will be reviewing the recommendations associated with the FY 2015-2016 evaluation report at its October 2016 meeting and will identify how best to strengthen its support for services and outcomes into the future.

County Commission Highlights

The First 5 Plumas County Children and Families Commission's primary strategy in realizing its vision and fulfilling its mission is through the support of home visiting services. Currently, the Commission funds four direct service grants that provide home visiting services to families (including foster parents) who have children ages 0 - 5. All programs utilize the Strengthening Families™ Protective Factors framework to support and measure success. During 2015-2016, First 5 Plumas County investments in home visiting resulted in the following accomplishments:

Families are engaged in home visiting services.

- A total of 102 families were provided with home visiting services, 31 of which received integrated care. A total of 762 home visits were conducted in which 1,555 services were provided. 33 children were screened using the Ages and Stages Questionnaire (ASQ).

Families are stronger as a result of home visiting services.

All of the home visiting programs identify outcomes achievement related to each of the five Strengthening Families™ Protective Factors. In each of the protective factors, there was an increase in parental perception of skills, supports, and knowledge after having received home visiting services.

- 90% of parents agreed that the program has helped them improve their parenting skills.
- 85% of parents agreed that the program has helped them reduce the stress in their life.

Families accessing services report a high level of satisfaction.

The overwhelming majority of parents who completed the questions related to client satisfaction at the end of the Protective Factors survey were very satisfied with the home visiting program.

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